

Q-Tip Flips



Materials Needed:

Q-tips

Tempera Paint and small containers for paint (such as egg cartons)

Worksheet with mix of upper and lower case letters printed using an outline font or any other small picture to paint

Prepwork:

Put paint into small containers for each child (egg cartons cut in ½).

Task:

The therapist instructs the students to color the letters using the q-tip, dipping one end in one color and the other in another color, then flipping it from one end to the other to change colors.

Each student holds q-tip in the middle and dips one end in one color and the other end in another color.

The student paints a picture using both colors alternating and flipping the q-tip with the fingers of one hand.

Student Goals:

Improve in-hand manipulation

Improve control of isolated finger movement

Develop graded use of force