



Play Dough Pizza Making



Materials Needed:

Multiple colors of playdough

Prepwork:

The therapist can made a model of the pizza.

Task:

The therapists instructs the students to make pizza with the playdough.

The therapist gives each student a piece of playdough the size of their palm for the “dough” for the pizza crust.

Students roll the dough into the shape of a ball and then flatten it to look like pizza crust.

Students other colors of playdough to roll balls with the thumb and first finger to make pepperoni or other toppings.

Student Goals:

Develop in-hand manipulation

Strengthen intrinsic muscles

Improve palmar arch