

Feely Meely Bag



Materials Needed:

Draw string bags (or shoe boxes with hand sized opening)

Plastic letters with texture

List of 6-7 word wall words that are included in the Feely Meely bag

Prepwork:

Place a set of letters for one word wall word in each bag

Task:

The therapist instructs the students to put their hand in the bag and to feel that letters inside, without looking at them. The therapist asks the students to identify the letters by feeling each.

The student puts one hand inside bag with vision occluded and guesses what letter is in his or her hand.

After identifying the letter, the student takes the letter out of the bag to check his or her guess. After all letters in the bag are identified, the student identifies what word the letters form. The students exchange bags to repeat the activity

Student Goals:

Increase awareness of hand movement

Improve in-hand manipulation

Enhance stereognosis and kinesthetic awareness.